

NVQ Level 3 Beauty Therapy Massage Route

What is it?

This is an in-depth level 3 Beauty Therapy Massage Route course. Subjects covered are:

- Indian head massage
- Head & body massage
- Massage using pre blended aromatherapy oils
- Hot stone massage
- Self tanning application

Students will be provided with information on anatomy, contra-indications and a range of health and safety requirements.

Students will be provided with written materials to support learning.

What previous skills, qualifications and knowledge will I need?

Level 2 Beauty Therapy is required. No other formal skills or qualifications required. A keen interest in the subject area and commitment to learning are necessary.

How can I be sure I'm on the right course?

Interested applicants will be invited to meet the tutor to discuss the course. Students who do not hold a GCSE (Grade A*- C) in Maths & English will have the opportunity early in their course to join a free literacy/numeracy course to be held at a time outside of your normal Beauty therapy class.

The workload you can expect

This is a full level 3 NVQ course and is equivalent to 5 GCSEs. Students will receive handouts and will be encouraged to practice skills learnt between sessions. You will also be given assignments to complete.

What costs and materials will be involved?

If you don't already have 5 GCSEs or equivalent then the tuition is free. You can also get free tuition if you are receiving certain benefits. If you are not eligible for these discounts then the cost of the course is £1400. (This course is not eligible for the Adult Learners Grant). Everyone will need to pay a £85 contribution towards certification fees and it will be necessary for all students to wear suitable salon dress for the practical sessions. Students only need to provide consumable beauty materials, any hardware (machinery) will be provided by the tutor or the college.





Massage oils will need to be purchased. These range from £5.50 each plus VAT

Useful websites are:

- Salonsdirect.com
- Ellisons.co.uk

Oils needed:

- Almond oil
- Grapeseed oil
- Pre-blended aromatherapy oils

Tanning products also need to be purchased this will be discussed during the course. Approx cost will be £35

What is the method of assessment?

There will be tests conducted online using a computer as well as assignments to complete and practical assessments.

What could this course lead on to?

This course could lead on to employment or you could enrol on our Nail Technology NVQ courses.

I still have some questions, what do I do now?

Call the information line on 0151 651 3718

Meet the Tutor: Cheryl Martin



I am an experienced local Beauty Therapist tutor with a proven track record for improving student's confidence in learning and making practical sessions fun and interesting. I thoroughly enjoy passing on my experience and skills within the beauty industry. I am a very successful tutor and tailor my sessions to the needs of all individuals.

This college is committed to ensuring everyone regardless of race, age, disability, learning difficulty, gender, ethnic origin, sexual orientation or religious belief is treated fairly. If you have any additional learning needs, including special physical needs, please ensure we know what you need so that we can make all reasonable adjustments to help you succeed.





